

INFORMATION AND GUIDANCE

Please ensure you read through, familiarise and send out to all participants in your team

SYMPTOMS

Prior to attending any of the venue locations, for a friendly match, each player, umpire & coordinator should assess themselves based on the Health Screening & Personal Risk Assessment shown below:

- Fever
- A new, continuous cough
- Any loss or change of your sense of taste or smell
- Any member of your household or someone that you have been in contact with reported any of the above symptoms in the last 14 days
- Any member of your household or someone that you have been in contact with tested positive for COVID-19 in the last 14 days
- Have you been notified by the NHS Test & Trace system that you are a close contact of someone with known COVID-19 infection in the last 14 days

ARRIVAL TIMES

Please arrive, at the courts, no sooner than 5 minutes before the start of your friendly match

1 WAY SYSTEM

Please follow any signage directing players in and out of the venue. If you are playing in the second or third periods, and there is no system in place, please allow departing players priority to leave

SANITISE STATIONS

Upon arrival please ensure you sanitise your hands thoroughly. Avoid touching your face, phone or any other personal items after sanitising. If you do touch any personal items please sanitise again

SOCIAL DISTANCING

At all times, where possible, please keep 2 metres apart from others

SANITISE QUARTERLY

At the beginning and at the end of each quarter players are required to sanitise their hands

NO TOILETS

Changing facilities will not be in operation. Toilet facilities will be available in an emergency

PPE NOT REQUIRED

PPE is not required whilst playing

COMMON SENSE

When in doubt please use common sense. The safety of our participants is paramount and we ask that all players follow the guidelines to ensure the full return of Netball in the future.

MODIFIED NETBALL RULES

4ft BETWEEN:
WHEN MARKING
THE PENALISED PLAYER
PLAYERS AT THE CENTRE PASS

**REMOVAL OF
IDLE
INTERACTIONS**

**REMOVAL OF
TOSS UPS**

**GET
IN**

ARRIVE
CHANGED

**PLAY
SAFELY**

ABIDE
BY COVID
RULES

**GET
OUT**

LEAVE
PROMPTLY

Time	Court	Division	Week 1 - 1st October		
18:00	1	1	Dynamites	v	Vikings
19:00	1	1	Towcester Tornadoes Blue	v	Chiefs
19:00	2	1	Saints	v	Sharks
20:00	1	1	Storm	v	Sinners
20:00	2	1	Pumas	v	Diamonds
Bye			Giants		

Time	Court	Division	Week 3 - 15th October		
18:00	1	1	Sharks	v	Chiefs
19:00	1	1	Dynamites	v	Sinners
19:00	2	1	Saints	v	Diamonds
20:00	1	1	Storm	v	Giants
20:00	2	1	Vikings	v	Towcester Tornadoes Blue
Bye			Pumas		

Time	Court	Division	Week 5 - 29th October		
18:00	1	1	Dynamites	v	Giants
19:00	1	1	Sinners	v	Towcester Tornadoes Blue
19:00	2	1	Sharks	v	Vikings
20:00	1	1	Saints	v	Pumas
20:00	2	1	Diamonds	v	Chiefs
Bye			Storm		

Time	Court	Division	Week 7 - 10th December		
18:00	1	1	Diamonds	v	Sharks
19:00	1	1	Pumas	v	Towcester Tornadoes Blue
19:00	2	1	Dynamites	v	Saints
20:00	1	1	Storm	v	Chiefs
20:00	2	1	Giants	v	Vikings
Bye			Sinners		

Time	Court	Division	Week 9 - 7th January		
18:00	1	1	Giants	v	Sharks
19:00	1	1	Pumas	v	Vikings
19:00	2	1	Diamonds	v	Sinners
20:00	1	1	Storm	v	Towcester Tornadoes Blue
20:00	2	1	Saints	v	Chiefs
Bye			Dynamites		

Time	Court	Division	Week 11 - 21st January		
18:00	1	1	Pumas	v	Sinners
19:00	1	1	Sharks	v	Storm
19:00	2	1	Diamonds	v	Giants
20:00	1	1	Dynamite	v	Towcester Tornadoes Blue
20:00	2	1	Saints	v	Vikings
Bye			Chiefs		

Info		4th February			
Start of New Season		Fixtures for the start of the new season will be sent out 2 weeks before the start of the new season			

Time	Court	Division	Week 2 - 8th October		
18:00	1	1	Storm	v	Diamonds
19:00	1	1	Pumas	v	Giants
19:00	2	1	Vikings	v	Chiefs
20:00	1	1	Saints	v	Sinners
20:00	2	1	Dynamites	v	Sharks
Bye			Towcester Tornadoes Blue		

Time	Court	Division	Week 4 - 22nd October		
18:00	1	1	Sinners	v	Chiefs
19:00	1	1	Storm	v	Pumas
19:00	2	1	Dynamites	v	Diamonds
20:00	1	1	Saints	v	Giants
20:00	2	1	Sharks	v	Towcester Tornadoes Blue
Bye			Vikings		

Time	Court	Division	Week 6 - 3rd December		
18:00	1	1	Sinners	v	Vikings
19:00	1	1	Saints	v	Storm
19:00	2	1	Giants	v	Chiefs
20:00	1	1	Diamonds	v	Towcester Tornadoes Blue
20:00	2	1	Dynamites	v	Pumas
Bye			Sharks		

Time	Court	Division	Week 8 - 17th December		
18:00	1	1	Dynamites	v	Storm
19:00	1	1	Giants	v	Towcester Tornadoes Blue
19:00	2	1	Diamonds	v	Vikings
20:00	1	1	Sinners	v	Sharks
20:00	2	1	Pumas	v	Chiefs
Bye			Saints		

Time	Court	Division	Week 10 - 14th January		
18:00	1	1	Saints	v	Towcester Tornadoes Blue
19:00	1	1	Dynamites	v	Chiefs
19:00	2	1	Pumas	v	Sharks
20:00	1	1	Giants	v	Sinners
20:00	2	1	Storm	v	Vikings
Bye			Diamonds		

Info		28th January			
Friendly/Rescheduled Matches		Any matches that cannot be rescheduled during the season, will be played on this date where possible.			