INFORMATION AND GUIDANCE

Please ensure you read through, familiarise and send out to all participants in your team

SYMPTOMS

Prior to attending any of the venue locations, for a friendly match, each player, umpire & coordinator should assess themselves based on the Health Screening & Personal Risk Assessment shown below:

- Fever
- A new, continuous cough
- Any loss or change of your sense of taste or smell
- Any member of your household or someone that you have been in contact with reported any of the above symptoms in the last 14 days
- Any member of your household or someone that you have been in contact with tested positive for COVID-19 in the last 14 days
- Have you been notified by the NHS Test & Trace system that you are a close contact of someone with known COVID-19 infection in the last 14 days

ARRIVAL TIMES

Please arrive, at the courts, no sooner than 5 minutes before the start of your friendly match

1 WAY SYSTEM

Please follow any signage directing players in and out of the venue. If you are playing in the second or third periods, and there is no system in place, please allow departing players priority to leave

SANITISE STATIONS

Upon arrival please ensure you sanitise your hands thoroughly. Avoid touching your face, phone or any other personal items after sanitising. If you do touch any personal items please sanitise again

SOCIAL DISTANCING

At all times, where possible, please keep 2 metres apart from others

SANITISE QUARTERLY

At the beginning and at the end of each quarter players are required to sanitise there hands

IO TOILETS

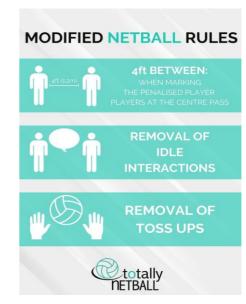
Changing facilities will not be in operation. Toilet facilities will be available in an emergency

PPE NOT REQUIRED

PPE is not required whilst playing

COMMON SENS

When in doubt please use common sense. The safety of our participants is paramount and we ask that all players follow the guidelines to ensure the full return of Netball in the future.













Time	Court	Division	Wee	k 1 - 1st Oct	ober
19:00	1	1	Mambas	٧	Eagles
19:00	2	1	Lions	٧	Barracudas
20:00	1	1	Zodiacs	٧	Raiders
20:00	2	1	Roade Rebelles	٧	Lightning

Time	Court	Division	Wee	ek 2 - 8th Oct	ober
19:00	1	1	Eagles	٧	Lightning
19:00	2	1	Mambas	٧	Barracudas
20:00	1	1	Lions	٧	Raiders
20:00	2	1	Zodiacs	٧	Roade Rebelles

Time	Court	Division	Wee	k 3 - 15th Oc	tober
19:00	1	1	Mambas	٧	Raiders
19:00	2	1	Zodiacs	٧	Lions
20:00	1	1	Barracudas	v	Lightning
20:00	2	1	Eagles	V	Roade Rebelles

Time	Court	Division	Weel	c 4 - 22nd Oc	tober
19:00	1	1	Raiders	٧	Lightning
19:00	2	1	Zodiacs	٧	Eagles
20:00	1	1	Mambas	٧	Lions
20:00	2	1	Barracudas	٧	Roade Rebelles

Time	Court	Division	Wee	k 5 - 29th Oc	tober
19:00	1	1	Lions	٧	Lightning
19:00	2	1	Zodiacs	٧	Mambas
20:00	1	1	Barracudas	٧	Eagles
20:00	2	1	Raiders	٧	Roade Rebelles

Time	Court	Division	Weel	c 6 - 3rd Dece	ember
19:00	1	1	Raiders	٧	Eagles
19:00	2	1	Zodiacs	٧	Barracudas
20:00	1	1	Mambas	٧	Lightning
20:00	2	1	Lions	V	Roade Rebelles

	Time	Court	Division	Week	7 - 10th Dec	ember
ſ	19:00	1	1	Zodiacs	٧	Lightning
	19:00	2	1	Raiders	٧	Barracudas
I	20:00	1	1	Lions	٧	Eagles
ı	20:00	2	1	Mambas	٧	Roade Rebelles

Time	Court	Division	Week	8 - 17th Dec	ember
19:00	1	1	Mambas	٧	Eagles
19:00	2	1	Lions	٧	Barracudas
20:00	1	1	Zodiacs	٧	Raiders
20:00	2	1	Roade Rebelles	V	Lightning

Time	Court	Division	Wee	ek 9 - 7th Jan	uary
19:00	1	1	Eagles	٧	Lightning
19:00	2	1	Mambas	٧	Barracudas
20:00	1	1	Lions	٧	Raiders
20:00	2	1	Zodiacs	٧	Roade Rebelles

Time	Court	Division	Weel	: 10 - 14th Ja	nuary
19:00	1	1	Mambas	٧	Raiders
19:00	2	1	Zodiacs	٧	Lions
20:00	1	1	Barracudas	٧	Lightning
20:00	2	1	Eagles	٧	Roade Rebelles

Time	Court	Division	Weel	k 11 - 21st Ja	nuary
19:00	1	1	Raiders	V	Lightning
19:00	2	1	Zodiacs	V	Eagles
20:00	1	1	Mambas	V	Lions
20:00	2	1	Barracudas	V	Roade Rebelles

Time	Court	Division	Weel	c 12 - 28th Ja	nuary
19:00	1	1	Lions	٧	Lightning
19:00	2	1	Zodiacs	٧	Mambas
20:00	1	1	Barracudas	٧	Eagles
20.00	2	1	Raiders	V	Roade Rehelles

Time	Court	Division	Weel	(13 - 5th Feb	ruary
19:00	1	1	Raiders	٧	Eagles
19:00	2	1	Zodiacs	٧	Barracudas
20:00	1	1	Mambas	٧	Lightning
20:00	2	1	Lions	V	Roade Rebelles

Time	Court	Division	Week	14 - 12th Fel	bruary
19:00	1	1	Zodiacs	٧	Lightning
19:00	2	1	Raiders	٧	Barracudas
20:00	1	1	Lions	٧	Eagles
20:00	2	1	Mambas	٧	Roade Rebelles

Info	19th February		
Rescheduled Matches	Any matches that cannot be rescheduled during the season, will be played on this date where possible.		

Into	26th February
Start of New Season	Fixtures for the start of the new season will be sent out 2 weeks before the start of the new season



